

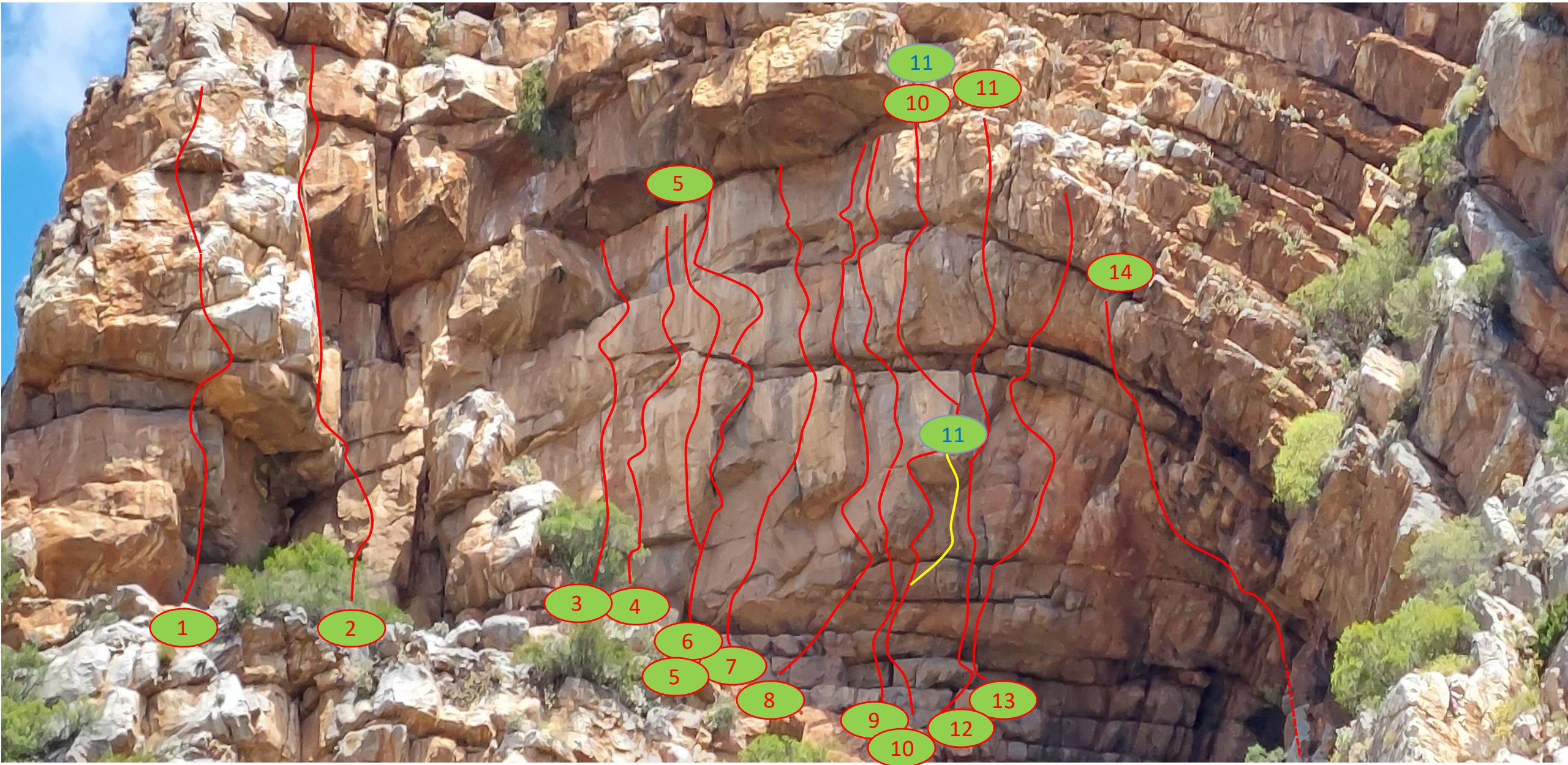
# Rehab Crag: Topo: Update: 5 June 2023

The Rehab Crag has immaculate rock and is beautifully overhanging. The base requires a small scramble to get up to and is not child friendly. It's the crag that probably every climber has walked past and wondered if there was anything there. Finally, Sakkie Jansen van Rensburg did the legwork and got this crag started. On the 1st January, 2023, the first route was opened there called Back Rehab Feat, a homage to comebacks. There is plenty of scope for easier lines to the left. Shade from midday all seasons.

Access from the Avalon Springs side of Bad Kloof. As you walk in, look for the sign that points to the right. You will cross the river and go up 3 flights of stairs. Break off to the left and walk along the ledge until the next gully. Head up the gully towards the obvious cave. The last bit is a scramble with staples.



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#	ROUTE NAME / AREA	GRADE	# BOLTS	RATING	BOLTING/OPENED INFO	DESCRIPTION
1.	Relapse	7a/24	? Bolts + chains		FA. Elle Pelser 2023.	Area on the left. Go around the bulge on the left of the main area. Maillon halfway up to assist with cleaning.
2.	Resilience	6a/18	12 Bolts + chains		FA. Sakkie JV Rensburg 2023.	Starts up the slab right of Relapse and steps across left onto a stunning headwall.
3.	Pins and Needles	6b/20	9 Bolts + chains		FA. Elzanne JV Rensburg 2023.	
4.	Laughter	6c/22	9 Bolts + chains		FA. Elle Pelser 2023.	Popular: Link the start of Pins and Needles with Laughter
5.	Snake Oil	6c/22	10 Bolts + chains		FA. Elle Pelser 2023.	
6.	Macrophage	6c/22	10 Bolts + chains		FA. Sarel JV Rensburg 2023.	Google Macrophage before you attempt
7.	Booster Shot	7b/26	10 Bolts + chains		FA. Elle Pelser 2023.	
8.	Back Rehab Feat	7a+/25	12 Bolts + chains		FA. Sakkie JV Rensburg 2023.	First route opened at the crag.
9	Elixir	7b/26	9 Bolts + chains		FA. Elle Pelser 2023.	
10.	Deep Heat	7a+/25	? Bolts + chains		FA. Elle Pelser 2023.	
11.	Ice Man	7b+/27	9 Bolts + chains		FA. Elle Pelser 2023.	Variation of Deep Heat. Veers right after bolt 4 and joins back 3 bolts later.
12.	Hypnotic	7a+/25	11 Bolts + chains		FA. Sakkie JV Rensburg 2023.	
13.	Neurogenesis	7c+/29	9 Bolts + chains		FA. Olaf de Wet 2023.	
14	Getafix	24/7a	11 Bolts + chains		FA. Sakkie JV Rensburg 2023.	On the far right in the cave (before you get to the staples)